

USDA National Nutrient Database for Standard Reference Release 28

## **Statistics Report 03022, Babyfood, GERBER, 2nd Foods, apple, carrot and squash, organic**

**Report Date:October 27, 2015 06:02 EDT**

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	83.83	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Energy	kcal	64	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Energy	kJ	266	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Protein	g	1.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Ash	g	0.26	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carbohydrate, by difference	g	14.82	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fiber, total dietary	g	1.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Sugars, total	g	9.09	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Sucrose	g	0.72	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Glucose (dextrose)	g	2.87	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fructose	g	5.33	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lactose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Maltose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Galactose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Minerals

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Iron, Fe	mg	0.15	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Magnesium, Mg	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Phosphorus, P	mg	17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Potassium, K	mg	106	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Sodium, Na	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Zinc, Zn	mg	0.22	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Copper, Cu	mg	0.033	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Manganese, Mn	mg	0.039	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Selenium, Se	μg	0.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fluoride, F	μg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	2732.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Thiamin	mg	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Riboflavin	mg	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Niacin	mg	0.255	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Pantothenic acid	mg	0.086	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-6	mg	0.057	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, total	μg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folic acid	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, DFE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Choline, total	mg	3.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin A, RAE	µg	21	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, beta	µg	206	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, alpha	µg	78	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cryptoxanthin, beta	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin A, IU	IU	417	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lutein + zeaxanthin	µg	17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E (alpha-tocopherol)	mg	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, beta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, gamma	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, delta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin K (phylloquinone)	µg	1.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Lipids</b>													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
16:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
17:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
24:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
15:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
17:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cholesterol	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

**Amino Acids**

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tryptophan	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Threonine	g	0.045	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Isoleucine	g	0.048	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Leucine	g	0.083	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lysine	g	0.083	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Methionine	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cystine	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Phenylalanine	g	0.042	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tyrosine	g	0.032	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Valine	g	0.055	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Arginine	g	0.065	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Histidine	g	0.035	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Alanine	g	0.061	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Aspartic acid	g	0.149	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Glutamic acid	g	0.166	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Glycine	g	0.047	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Proline	g	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Serine	g	0.042	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015